

# Explore rowing Series – North West – Chester Regatta

## SAFETY PLAN

Saturday 8<sup>th</sup> June 2019

### **RULES APPLYING TO THIS EVENT** See Main Event Safety Plan

The event is run under British Rowing Rules of Racing (explorer racing), Row Safe and Adaptive Rowing Safety Guidance for Event Organisers.

### **COMMUNICATIONS:** See Main Event Safety Plan.

BR supplied radios 'Whats app' and mobile phones.

### **Telephones:** See Main Event Plan

Public phone boxes can be found at Royal Chester Rowing Club and in the Groves. In the event of an emergency Dial 999 clearly request the appropriate emergency service and your location.

The Regatta site is based at Sandy Lane Chester. The Post Code for Sandy Lane is CH3 5UL

Event Duty Office will be David Blackham for explorer rowers. 07584 040469

Water Safety Officer for the Regatta is Robert Stewart. 07849 614089

### **MEDICAL AND FIRST AID First Aid Cover:** See Main Event Plan.

First Aid cover is provided throughout the event by St Johns Ambulance Service based at the Sandy Lane regatta site. A defibrillator is located in the St Johns Ambulance Area at the Sandy Lane site as well as in the Boat House Pub Car Park on the wall of the Kings School Rowing Club boat house.

Hospital - All accidents and emergencies will be taken to the Countess of Chester Hospital, Liverpool Road, Chester, tel: 01244 365000 (post code CH2 1UL).

### **EMERGENCY ACTION PLANS:** See Main Event Plan.

#### **Accidents on the water**

In the event of collision, capsize, hypothermia, sinking or other injury on the water the nearest official is to inform race control (Chester Regatta Race Control or the Water Safety Officer) and direct the nearest safety launch to the site of the incident.

Seriously injured will be transferred to the Countess of Chester Hospital. If necessary, 999 will be dialled for an ambulance to meet the safety boat. Ambulances will be directed to these locations The Groves SJ 411 661, Paddock Road – Eccleston SJ 414 621 or Sandy Lane- SJ 420 660, whichever is the nearest road access. The OS Grid should be used to confirm the location. The Sandy lane site post code is CH3 5UL

## **Land Accidents**

Minor injuries will be dealt with the organising team. If the casualty can't be moved call the Team to attend the incident or provide medical advice - if too far away. In the event of serious injury the nearest race official should be approached to summon medical assistance/alternatively dial 999.

**Each race (side by side) will be followed by a safety/ marshal launch (manned by safety marshal )  
There will be an independent finish judge on the finish line**

**ALL SAFETY MATTERS HAVE PRIORITY IN THE USE OF THESE LAUNCHES START AND FINISH**

## **CREW SAFETY: See Main Event Plan**

Crews are required to comply with Row Safe. Any crew in breach of these rules is liable to disqualification. Coaching team will check for heel restraints, warm clothing, bow ball condition, general boat worthiness, buoyancy and the safe fitting of life jackets.

## **LOCAL NAVIGATION RULES: See Main Event Plan**

The river remains open to other river users and all crews should be aware of that. Immediately below the area of the Groves there is a Weir, this will be identified and explained in the briefing before the event.

## **RISK ASSESSMENT: See Main Event Plan**

A risk assessment will have been undertaken and reviewed to assess the safety of the river and prevailing weather conditions on the day, including Fog, Wind, Squalls, Barometric Pressure, Tide, Debris and Stream conditions. The risk assessment team will be as for the main event in addition to the explorer event coordinator for the explorer races.

The results of the risk assessment and any decisions taken will be forwarded to the event coordinators and be used during the event safety briefings. The team will also monitor the water levels relative to the towpath. If the level is deemed too high all water activities will be suspended.

**REMEMBER SAFETY IS ALL OUR RESPONSIBILITIES.**

*Robert Stewart : 6 June 2019*